A WARM WELCOME AWAITS YOU AT SUNCROFT LODGE

Suncroft Lodge Nursing Home is a purpose built residential home set beautifully in discreet grounds on two acres in Suncroft Village, The Curragh, Co. Kildare. The home is situated within walking distance of the local shops, post office and church. Suncroft Lodge is 6 km’s off the Dublin/Kildare motorway and 10 minutes’ drive from Newbridge and Kildare, and 20 minutes from Naas and Athy.

The Management and Staff at Suncroft Lodge are there to meet the needs of our Residents by providing them with the highest level of person centred care and service.

In a homely atmosphere, Suncroft Lodge provides high quality individualised care, along with courteous, understanding, and friendly attention enabling our Residents to enjoy a high quality of life.

At Suncroft Lodge we offer long-term residential nursing care, specialised dementia care, ABI specific care, convalescence, and respite short stay.

Our vibrant community brings an enjoyable and caring atmosphere to the next phase of life. All our residents have the right to privacy and are treated with the utmost respect and dignity. This total caring concept is planned in such a way as to encompass the physical, emotional, social and spiritual needs of our Residents at all times. Our aim is to make Suncroft Lodge your home with the added support of the care we offer.

YOUR CARE IS OUR CONCERN

Our commitment to continuous improvement means our Residents benefit from an ongoing quality programme, one that is person centred and quality of life driven. Suncroft Lodge has been awarded the Excellence Ireland Quality of Care Standard for Nursing Homes and the Q Mark Irish Nursing Home of the Year Award.
At Suncroft Lodge we offer a wide range of care services to meet individual needs of our Residents:

**RESIDENTIAL CARE**

We provide long term care for Residents in private accommodation with special attention paid to a continuation of lifestyles of each individual person. In our St. Bridget’s unit on the ground floor we care for our elderly Residents including those with dementia.

**DEMENTIA/ALZHEIMER’S CARE**

At Suncroft Lodge we have designed our home to have a frail elderly and dementia friendly environment in line with the recommendations of University of Stirling’s Dementia Services Development Centre. We provide our Resident’s with formal nursing care plans, help with the activities of daily living (ADL’s), and personalised care designed to offer Residents as much mental and memory stimulation as possible. All our staff have received the latest certified training in how to provide person centred care and support for our residents with dementia, ensuring they are treated with the care and support they need to live a long and fulfilled life. Therefore, we work with our Residents’ and their families to get to know them and familiarise ourselves with their past life, experiences, passions, preferences and most importantly what is important to them and their loved ones now.

**CONVALESCENT CARE**

Convalescent & Post Operative Rehabilitative Care assists individuals with recuperation and recovery after surgery, or serious illness. Suncroft Lodge is well known for this service through our links with our regional acute hospitals and the community.

**RESPITE CARE**

Respite Care is aimed at providing temporary relief to caregivers at home. Suncroft Lodge has a long history of providing this service in its local community.

**ABI CARE**

In our St. Patrick’s unit on the first floor we provide specialist care for adults with Acquired Brain Injury (ABI), once they are discharged from hospital, medically stable and require long-term care. For more information concerning St. Patrick’s please contact the Director of Nursing.

It is our policy to pre-assess our potential Residents before they are admitted to our home.

Suncroft Lodge is registered with all the major medical insurance companies including the VHI and Irish Life Health.

We can also arrange on a private fee basis other services such as Chiropody, Physiotherapy, Occupational Therapy, Dietary, Optical and Dental care.

Suncroft Lodge Nursing Home is fully registered with HIQA and the HSE.
OUR TEAM

Our Nursing, Caring, Housekeeping, Catering and Administration teams at Suncroft Lodge are led by our Director of Nursing who has extensive experience in the provision of both long and short-term care. Our staff are personally selected, caring, experienced and willing to cater to the individual needs of our Residents.

At Suncroft Lodge we know that we distinguish ourselves through our Continuous Education Programme that our staff go through annually, so that we can continue to provide the highest levels of care. All our Staff are trained in person centred dementia care through extensive dementia care training and education. We strive to provide a Resident centred approach to our care provision and care planning.

Our Medical Doctor provides regular weekly visits and we have an on-call system in place. Residents have the freedom to keep their own GP if they so choose.
As Suncroft Lodge is a purpose build home meticulous thought has gone into its design so as to provide our Residents with high degrees of privacy and comfort. Suncroft Lodge is set over two floors with level access and all bedrooms enjoy a garden aspect.

Our beautifully finished bedrooms have fitted bespoke furniture and a wireless call system. The home has been designed as a frail elderly and dementia friendly environment in accordance with recommendations from the University of Stirling’s Dementia Development Centre. This includes dementia friendly bedroom and ensuite design, small cosy lounges and dining rooms, specialised lighting, signage and sensory gardens. Residents each have their own traditional style front door to their private space within the home.

While most of our rooms are single, we also have a number of double rooms available. Residents are encouraged to bring their own personal effects to Suncroft Lodge in order to personalise their rooms.

We have a large landscaped dementia friendly sensory garden area for Residents to enjoy, relax, garden, or exercise in.

Among the facilities available we have a hairdressing salon, visitor’s room, an oratory and smoking room if required. We provide a full complimentary laundry service.
ACTIVITIES

Day to day living at Suncroft Lodge is all about our Residents. We believe a managed social activities program plays a key role in ensuring our Residents live their life to the full in their home from home. We endeavor to provide as wide a range of activities as possible over seven days to cater for physical, emotional and spiritual needs of the Residents.

The Activities Program run by our dedicated Activities Coordinators and staff include the following:

- Reminiscence Therapy
- Art Therapy
- Movies
- Aromatherapy
- Gardening
- Craft Demonstrations
- Bingo, Board Games & Wii
- External trips to local areas of interest, theatres, shopping etc.
- Card Games
- Pet Therapy Visit
- Regular Live Musical Entertainment
- Theatre Drama Groups
- Newspapers are delivered daily & we have WIFI available.
- Dedicated Communication Sessions for those Residents with dementia.

We hold a weekly Mass and other religious preferences are facilitated.

Many of our activities create bonds between our Residents and Staff. We strive to take into account personal interests and hobbies where possible.

CATERING SERVICES

Dining in Suncroft Lodge is a social experience to look forward to and be enjoyed by all. Our experienced Chefs prepare menus which comprise fresh, seasonal ingredients so that every meal is not only nutritious but also looks great and tastes delicious.

There is a choice available everyday and the dishes we prepare reflect and include the likes and requests of our Residents. Suncroft Lodge provides Residents with a choice of homemade dishes and freshly baked goods each day which Residents can choose to take in one of our dining rooms or, if they prefer, in the comfort of their own room.

All of our menus have been nutritionally analysed in order to support the promotion and delivery of healthy eating for older people, in particular those with Dementia and eating difficulties.
Suncroft Lodge Nursing Home
Suncroft, The Curragh, Co. Kildare

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